



RIDING WEAR GUIDELINES

Riding Hat

For protection a riding hat must always be worn with the chin strap fastened when riding or handling a horse from the ground. It should be professionally fitted (see “Supplier” details below) and have a BS Kite Mark fixed into the lining or shell of the hat, being to the PAS 015, EN 1384 or ASTM F1163 standard. Whilst we are able to lend riding hats initially, on joining our Club it is mandatory to have your own riding hat as no hat will fit as well as your own.

Body Protector

On joining our Club, members of seventeen years and under must wear a professionally fitted body protector to the minimum standard of Level 2 (see “Supplier” details below) at all times when riding. Adults must wear a body protector for jumping, although we do recommend these are always worn when riding.

Clothing

Always dress according to the weather conditions. We will refuse riding to small children who are unsuitably attired. Track suit bottoms or leggings are a good alternative to jodhpurs. Loose clothing which may flap should not be worn and scarves or hoods tucked inside exterior clothing. When it is hot the shoulders should be covered to prevent sun burn or nasty grazes should you fall. Gloves ideally should be worn to protect your hands and for improved grip on the reins.

Footwear

Footwear must be of a sturdy construction with a smooth sole and small heel to prevent the foot slipping through the stirrup iron. Once riding regularly we recommend jodhpur boots with half-chaps as the best form of riding footwear. Please note that EBay is an economic source of these items for children.

Other

All jewellery, other than wrist-watches and wedding rings, must be removed when around horses to prevent accidental loss or risk of personally injury should the jewellery become entangled in horse’s mane or tail.

Please ensure all bulky/sharp items, or those that may make a noise, are removed from your person pre riding.

If you require any further advice or assistance regarding riding wear, please do not hesitate to discuss your requirements with any of our instructors.

Recommended Suppliers

Stockley Trading, 10 North Street, Midhurst, GU29 9DJ, tel: 01730 814779, & Unit N Bridge Road, Littlehampton, BN17 5DF, tel: 01903 732392, www.stockleyonline.com

Oldwick Saddlery, West Stoke Road, West Lavant, Chichester, PO18 9AA, tel: 01243 527415, email: sales@oldwicksaddlery.co.uk, website: <http://www.oldwicksaddlery.co.uk/index.html>